

ASWA FAX RETURN

American Society of Women Accountants — Houston Chapter No. 33 www.aswahouston.org

Member of *The Federation of Houston Professional Women*

VOL. 56 No. 10

May 2008

Public Relations Luncheon

May 13, 2008

Special Guests: Barbara Covington—National ASWA President Elect & Tracy Johnson—National ASWA Vice President

Topic: Scholarship Awards

CPE: None

Where: The Briar Club, 2603 Timmons Lane
(corner of Westheimer and Timmons Lane)

Parking available in the member parking area across the street from the Briar Club. Valet parking is available.

Time: 11:30 a.m. - 1:00 p.m.

Special dietary requirements available upon request

2008-2009 Slate of Officers By Eileen Neucere

The ASWA Houston Nominating Committee is happy to nominate the following slate of officers for 2008-2009.

President ————— Kristi DeNardo
President-Elect ————— Melanie Norton
Immediate Past President—
Debbie Jensen McKinney
Vice President ————— Julianne Dorsett
Secretary ————— Adrienne Brown
Treasurer ————— Brandi Lucher
Director ————— Jerilyn Barthel
Director ————— Suzi Martin

The election of the board of directors will be held at the Annual Luncheon on Tuesday, May 13, 2008. Any additional nominations can be sent to Debbie Jensen McKinney at Debbie.jensen93@gmail.com and nominations will be accepted from the floor.

Eileen Neucere
Nominating Committee Chair

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2007-2008 Officers & Committee Chairs

President H 713-927-2679 W	Debbie McKenney debbie.jensen93@gmail.com C 713-927-2679	Director H 281-419-9323 W 281-569-2751	Arlene Dilworth Dilworth@totalbackoffice.com C 936-443-5947	Publicity
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Deadline for June newsletter: June 3, 2008

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The FAX RETURN is the newsletter of ASWA Houston Chapter 33. It is published monthly, except December. You can receive the Fax Return by email or by snail mail. **Please let the editor know which form you would like to receive the newsletter.**

Standing Reservations

Jeri Barthel	Debbie McKenney
Colene Blankinship	Eileen Neucere
Adrienne Brown	Melanie Norton
Sonia Calloway	Eunice Reiter
Kristy Daniels	Ann White
Kristi DeNardo	
Julianne Dorsett	
Suzi Martin	

The Chapter will bill for reservations that are not cancelled by noon Thursday prior to the meeting.

Please contact **Melanie Norton** to be added or deleted from the Standing Reservations List.
713-353-1942 mnorton@bvccpa.com

CALENDAR OF EVENTS

May 13 — Public Relations Luncheon — Briar Club

May — Spa Party at Ann White's —date TBA

June 24 —New Member Orientation/Getting to Know ASWA with dinner meeting massage

August 26—Membership Meeting — Briar Club
Speaker: Craig Krause
Topic: Discovering Your Memory Power

Houston ASWA Memorial Fund

The Houston ASWA Memorial Fund was chartered in 1973 with the two-fold purpose of:

- Providing scholarships to deserving accounting students
- Furthering the mission of the American Society of Women Accountants -- "To enable women in all accounting and related fields to achieve their full personal, professional and economic potential and to contribute to the future development of their profession".

The Memorial Fund receives contributions, in lieu of flowers, for members and their loved ones during times of grief. We receive contributions to celebrate special occasions and in honor of special people.

Please consider the ASWA Memorial Fund as an opportunity to honor or to memorialize the people in your lives.

Contributions should be made payable to:

ASWA Memorial Fund
c/o Eunice H. Reiter
5005 Woodway, Suite 200
Houston, TX 77056-1789

If your contribution is in honor or in memory of someone, be sure to include information regarding where to send the acknowledgement.

Charitable Project

Please remember to gather your sample toiletries when you travel and donate them to Miryam's Hostel which is on the second floor of the Loaves and Fishes Soup Kitchen. It is a place where 6 – 8 women can spend the night, wash their clothes, take a shower and sleep in a bed. Then they are back out on the street. It is sponsored by Magnificat House which is affiliated with the Catholic church. They can use toiletries, towels, twin bed sheets, pajamas etc.

ADVERTISING RATES

The ads are to be emailed to the newsletter chair no later than the 1st of the month in which the ad is to appear.

\$300/ year—full page
\$160/ year—1/2 page
\$ 10/ month—business card size

The Fax return is published monthly except December.

Official National Registry Statement

ASWA is registered with the National Association of State Boards of Accountancy (NASBA) as a sponsor of continuing professional education on the National Registry of CPE Sponsors. State Boards of Accountancy have the final authority on the acceptance of individual courses of CPE credit. Complaints regarding registered sponsors may be addressed to the National Registry of CPE Sponsors: 150 Fourth Avenue, Nashville, TN 37219-2417. Web site: www.nsba.org.

**ASWA Northeast Regional Conference
June 5-7, 2008
Akron, OH**

**Sponsored by the Akron/Canton Chapter
"Celebrate the Past, Focus on Your Future!"**

Dear ASWA Member,
We are thrilled to inform you that the Akron/Canton Chapter #139 will be hosting the 2008 Northeast Regional Conference from Thursday, June 5th to Saturday, June 7th in celebration of the chapter's 25th anniversary. Twelve CPE credits (which will include 3 hours of ethics CPE) will be offered in addition to a Friday Fun Night. The installation of the 2008-2009 National Board of Directors will also take place at this conference. Please click [here](#) to view the full brochure (4MB) or [here](#) for the one page registration form. Hotel reservations can be made at akronhilton.com/ASWA08 and using the code `aswa08`. If you have any questions, please feel free to reply to this email or contact Becky Price at beckyp606@yahoo.com or Susan Tripepi at stripepi@neo.rr.com. We hope to see you there!

ASWA Akron/Canton #139
www.aswaakroncanton.org

Federation of Houston Professional Women

Next Meeting: May 22
Web site: www.fhpw.org

Location: H.E.S.S. Building
5430 Westheimer (between Chimney
Rock and Yorktown)

ASWA Delegates: Melanie Norton,
Arlene Dilworth

Alternates: Pam Ahlers
Debbie McKenney

Federation of Houston Professional Women (FHPW)

The Federation of Houston Professional Women is an alliance of women's professional organizations, chartered by the state of Texas as a non-profit, non-partisan business league. Each FHPW member organization, although diverse in style and structure, has professional or businesswomen members focused on education, networking, specific careers or community service.

FHPW offers quarterly events designed to bring its diverse membership together to promote a place of POWER and INFLUENCE. Quarterly events are open to both members and guests and allow Houston professional women the opportunity to network, have some fun and learn something new.

If you are a member of ASWA then you are automatically a member of FHPW.

Career Center

Please remember to encourage friends and colleagues to register and that there is not cost to individuals to post their resumes. Members can help by letting their HR Departments at work know about the site. Using the site is a win-win-win-win proposition because 1) employers gain access to a pool of specialized job seekers, 2) individuals seeking employment in accounting and finance can easily connect with employers/recruiters looking for candidates with those skills, and 3) the ASWA raises funds that it uses to 4) provide scholarships to worthy individuals.

Support a worthy cause by spreading the news about the ASWA Career Center today!

Current Fundraiser

Our chapter has been registered with the Current Fundraiser Online program. It is very simple—all you have to do is shop online at www.CurrentFun.com, and when you check out, select:

State: **Texas** Organization: **ASWA – Houston** City: **Houston.**

Our chapter will receive a check quarterly for 50% of online sales that are attributable to our organization. Tell your friends and relatives, and help raise money for our scholarship fund. You can do some of your Christmas shopping, saving some money for yourself and getting some great products, and at the same time, contribute to the scholarship fund. What a deal!



No, I don't mean insane or crazy but just gotten a little stressed out? Well, a friend of mine, Dr. Ken Davis told me that there are 4 reasons why people get stressed out and he used the acronym, NUTS. Why am I writing about this? Because we all get a little or "a lot" stressed out in our lives whether it be on the job or at home. I believe that if you know what causes this stress, you can recognize it faster and deal with it sooner before it gets really big and slows you down.

So here are the 4 things:

N= Something/Someone new or novel

U=Something/Someone unpredictable

T=A threat to the ego

S=A sense of control or loss of control

My button is when I feel a loss of control. Then I must take myself away somewhere quiet and relaxing and regain, reenergize and get my control back. Recently I bought a lake house and this is where I "hunker down" till the stress has passed.

However, now that I can articulate why I am stressed out, I don't seem to have the need to "hunker down" as much. I simply say to myself: "Hum, isn't this interesting, I am getting stressed because this is out of my hands.

Since finding out about NUTS—I also realize that I get stressed out when I am in a new situation. For example, if I have to drive to an event in a "foreign" town (read that as outside of Houston, TX), I experience a little angst. Now I say, "hum, I'm getting stressed out because this is all new to me" and it settles me down immediately.

Try it, it has worked wonders for me. Hope it works for you.

BTW, if you have recently forgotten a special birthday or anniversary, here's the answer to save you grief in the future: jackcards.com. Check it out. Good selection! Sign up, when the time comes for the special day, they will mail you the card to sign and send. I am not associated with the site, just think it's a good idea for those of you who don't have time.

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Return Service Requested

**Printing Compliments of
Kristi DeNardo**

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Empowering Women In The Accounting and Financial Professions Since 1938