

ASWA FAX RETURN

American Society of Women Accountants — Houston Chapter No. 33 www.aswahouston.org

Member of *The Federation of Houston Professional Women*

VOL. 54 No. 8

March 2006

MEMBERSHIP MEETING

1 hour CPE
March 28, 2006

PRESIDENT'S MESSAGE

by: **Eileen Neucere**

Topic: Create Your Best Year Ever
Speaker: Pamela C. Grant
Prerequisite: None required
Course Level: Basic
Management Training and Development

Where: The Briar Club
2603 Timmons Lane
(corner of Westheimer and Timmons Lane)

Parking available in the member parking area across the street from the Briar Club. Valet parking is available.

Time: 5:30 p.m. Networking
6:15 Dinner
7:00 Speaker

Meeting Prices: \$25 Members with reservations
\$30 Walk-Ins
\$30 Guests
\$15 Students
\$15 CPE only (no dinner)

Reservations should be placed with Melanie Norton by 6:00 p.m. Thursday March 23 at 713-353-1942 or mnorton@bvccpa.com

IN THIS ISSUE

Calendar of Events—p.2
FHPW Meeting—p. 7
Just For Today (Poem)—p. 4
Linda Tally's SUCCESS—p. 4
Memorial Fund Information—p. 3
Officer & Committee Chair Info—p. 2
One Minute of Office Organizing—p. 6
President's Message—p. 1
Speaker Bio—p. 7

Remember that you always get back more than you give!

We can apply these wise words to many aspects of our lives. At this time of year, these words are especially appropriate to keep in mind because the Nominating Committee is actively working to form a slate of officers for the new fiscal year that starts in July. Call Ann White, the committee chairman, and volunteer yourself for a board position. There are positions available for novices, so experience is not a requirement. This is the perfect arena for gaining leadership experience and learning the organization from the inside out. Lisa Wilson, who will be president in the new fiscal year, also is working hard to formulate her committees and name committee chairs. Call Lisa and volunteer for a committee. Committee work can be sized to fit your schedule.

Being active in the organization gives you a connection to the other members that just doesn't exist otherwise. I have been a member since 1984 and have served as a committee member, committee chair or officer for almost every year of that membership. The only exception was when I relocated to Lafayette, Louisiana for a couple of years. But when I came back, I got involved again. I missed the connection I had with the great friends I had left back in Houston. Several of these friends have seen me through life's moments of marriage, pregnancy, raising two children to their teens and through job ups and downs. And the great thing is I have been able to return that support.

Please give some serious thought to volunteering!

2005-2006 Officers & Committee Chairs

President H 281-894-5253 W 281-894-5253	Eileen Neucere eneucere@earthlink.net F 281-807-1520	Database	Past President C 713-459-5874 W 281-313-9400	Ann White ann.white@rbgltd.com F 281-313-9444	Programs
President Elect H 832-445-0543 W 713-499-7623	Lisa Wilson comberge@yahoo.com C 713-301-3145	Membership	Director H 713-660-8728 W 713-221-8596	Orapin Duangploy duangployo@uhd.edu F 713-226-5238	Student Activities
Vice President H 832-242-5386 W 281-558-1847	Joan Landreth jlandreth@net1.net C 713-542-0198	Member Relations	Director H 713-688-4057 W 713-831-5412	Kathy Pearce papandkap@aol.com F 713-831-8653	Newsletter
Treasurer H 713-927-2679 W	Debbie McKenney mckdeborah@yahoo.com C 713-927-2679		Meeting Arrangements	Melanie Norton nortonmelt@hotmail.com mnorton@bvccpa.com	
Secretary H 713-817-0318 W 713-926-9936	Colene Blankinship coblanck@msn.com F 713-831-8653		Publicity H 281-261-8016 W 713-528-2771	Ellie Moore emoore@cddacpa.com F 713-528-6423	

Deadline for April newsletter: April 7, 2006
 Newsletter Editor: Kathryn Pearce
 Home: 713-688-4057
 Work: 713-831-5412
 Fax: 713-831-8653
 Email (home): papandkap@aol.com

Additions and changes to the mailing list should be submitted to Eileen Neucere
 Home: 281-894-5253
 Fax: 281-807-1520
 Email: aggie1978@earthlink.net

The FAX RETURN is the newsletter of ASWA Houston Chapter 33. It is published monthly, except December. You can receive the Fax Return by email or by snail mail. **Please let the editor know which form you would like to receive the newsletter.**

Standing Reservations

Loyce Anderson	Kathy Pearce
Colene Blankinship	Eunice Reiter
Julianne Dorsett	Ann White
Ellie Moore	Lisa Wilson
Suzi Martin	
Eileen Neucere	
Debbie McKenney	
Melanie Norton	

The Chapter will bill for reservations that are not cancelled by noon Thursday prior to the meeting.

Please contact **Melanie Norton** to be added or deleted from the Standing Reservations List.
 713-353-1942 mnorton@bvccpa.com

CALENDAR OF EVENTS

- Mar 16 Board Meeting—AmGen Center
- Mar 28 Membership Meeting—Briar Club
- Apr 11 Board Meeting—AmGen Center
- Apr 25 Membership Meeting—Briar Club
- May 16 Scholarship/Recruitment Luncheon—Briar Club
- June 10 Transition Board Meeting—Lisa Wilson’s
- June 27 Membership Meeting—Briar Club

For more information or to sign up, please contact Melanie Norton at mnorton@bvccpa or by phone at 713-353-1942.

Houston ASWA Memorial Fund

The Houston ASWA Memorial Fund was chartered in 1973 with the two-fold purpose of:

- Providing scholarships to deserving accounting students
- Furthering the mission of the American Society of Women Accountants -- “To enable women in all accounting and related fields to achieve their full personal, professional and economic potential and to contribute to the future development of their profession”.

The Memorial Fund receives contributions, in lieu of flowers, for members and their loved ones during times of grief. We receive contributions to celebrate special occasions and in honor of special people.

Please consider the ASWA Memorial Fund as an opportunity to honor or to memorialize the people in your lives.

Contributions should be made payable to:

ASWA Memorial Fund
c/o Eunice H. Reiter
5005 Woodway, Suite 200
Houston, TX 77056-1789

If your contribution is in honor or in memory of someone, be sure to include information regarding where to send the acknowledgement.

Paid Advertisement

Mary Kay Cosmetics

Kathryn Pearce—Consultant

Call 713-305-6220 for Mary Kay Products. The first 10 people to call in an order will receive a 10% discount

ADVERTISING RATES

The ads are to be emailed to the newsletter chair no later than the 1st of the month in which the ad is to appear.

\$300/ year—full page
\$160/ year—1/2 page
\$ 10/ month—business card size

The Fax return is published monthly except December.

Official National Registry Statement

ASWA is registered with the National Association of State Boards of Accountancy (NASBA) as a sponsor of continuing professional education on the National Registry of CPE Sponsors. State Boards of Accountancy have the final authority on the acceptance of individual courses of CPE credit. Complaints regarding registered sponsors may be addressed to the National Registry of CPE Sponsors: 150 Fourth Avenue, Nashville, TN 37219-2417. Web site: www.nsba.org

Dear Ms. Neucere:

I wanted to make note of yours and Dr. Duang-ploy’s involvement through ASWA in awarding scholarships to three UH-Downtown Accounting students for 2006. The University appreciates you and the work you and your colleagues do on behalf of our students in the College of Business.

If during the year you would welcome the opportunity to visit and socialize with some of the scholarship recipients here on campus, please let me know. A member of my staff will call to reinforce this note and to visit further with you about ASWA.

We are grateful for the Society’s service in the accounting world, and to UH-Downtown.

Donald Bates: Dean of Business

Linda Tally's SUCCESS:

Stress is an Inside Job

You may think your job or your spouse or the traffic, boss, economy, stock market, etc stresses you out. That's simply not true! It's you who stresses you out! Trust me on this one! It's how you perceive the job, spouse, traffic, boss, economy that causes you stress. If you had no fear about any of the above, would they cause stress? I don't think so!

So how do you change your perception of stress? Many people use exercise, meditation, yoga, and other not so healthy ways to handle or counter act stress. But the real winners over stress are those who change their attitude around stress. Stop letting others, as well as yourself, "get by" with behaviors that are unacceptable. Don't let it simmer, speak up and deal with it right now!

Stop getting sucked into compulsive behavior just because someone else is fretting. Let them have their stress. It's not yours! Recognize when you are getting sucked in and then take the high road. For example, when my mother used to call me and complain about how bad the stock market was doing and how poorly her portfolio was doing and asked if I wasn't just as upset, I simply said that I was not participating in worrying about my portfolio or the stock market—that's what I paid my investment manager to do. When a friend calls and complains about how terrible technology is, I simply say, "you'll get better with it."

You see, you get to choose your attitude around issues that can cause you stress. If you choose the monster attitude, you will get stressed out. If you choose an angel attitude, stress will never call at your door, or if s/he calls, you won't be home. Whenever I feel a little stress knocking at my door, I begin to repeat an affirmation, "I am open and receptive to receiving my highest good right now!" And I keep repeating that till stress leaves my door. The trick is that I had to choose my attitude of being open to my good coming in vs. stress and I will always choose my good. What about you?

JUST FOR TODAY

Just for today I will try to live through this day only and not set far-reaching goals to try to overcome all my problems at once. I know I can do something for 12 hours that would appall me if I felt that I had to keep it up for a lifetime.

Just for today I will try to be happy. I will not dwell on thoughts that depress me. I will chase them out of my mind and replace them with happy thoughts.

Just for today I will adjust myself to what is. I will face reality. I will try to change those things I can change and accept those things I cannot change.

Just for today I will try to improve my mind. I will not be a mental loafer. I will force myself to read something that requires effort, thought and concentration.

*Just for today I will exercise my soul in three ways:
I will do a good deed for somebody-without letting them know it.*

I will do at least two things that I know I should do but have been putting off.

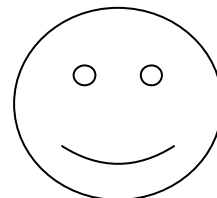
I will not show anyone that my feelings are hurt; they may be hurt, but today I will not show it.

Just for today I will be agreeable. I will look as well as I can, dress becomingly, talk softly, act courteously and speak ill of no one. Just for today I will try not to improve anyone except myself.

Just for today I will have a program. I may not follow it exactly, but I will have it, thereby saving myself from two pests: hurry and indecision.

Just for today I will have a quiet half hour to relax alone. During this time I will reflect on my behavior and will try to get better perspective on my life.

Just for today I will be unafraid. I will gather the courage to do what is right and take the responsibility for my own actions. I will expect nothing from the world, but I will realize that as I give to the world, the world will give to me.



2005-2006 ASWA Houston Chapter-Scholarship Luncheon/Recruiting Event May 16, 2006

SCHOLARSHIP TIME!!!! This year ASWA Houston Chapter will hold a joint Scholarship Luncheon and Recruiting Event. The event will take place May 16, 2006 at the Briar Club. Please invite your co-workers, supervisors and managers to the event. The ASWA Houston Chapter will be giving away 3 scholarships to deserving students majoring in Accounting or Finance. The luncheon event will be from 11:30am to 2:00pm, with sign-in beginning at 11:30am. If you are interested in attending please contact Ellie Moore, emoore@cddacpa.com or call (281) 684-5495, for details or visit our website at www.aswahouston.org for details about our organization and this event.

The luncheon will be held at: The Briar Club
2603 Timmons Lane
Houston, Texas 77027

Early Registration		Postmarked after April 28	
Members	\$35		\$45
Guests	\$20		\$30

If you know someone who would like to receive an invitation to the event and is not on the monthly ASWA FAX RETURN, please have them forward their mailing address to emoore@cddacpa.com

MEMBERSHIP

If you are interested in becoming a member of the ASWA Houston Chapter, please email Lisa Wilson at comberge@yahoo.com for an application packet. Be sure to include your mailing address in the email.

Monthly meetings are held on the 4th Tuesday of every month at The Briar Club located at 2603 Timmons Lane (corner of Westheimer and Timmons Lane). Meetings begin at 5:30pm with networking, dinner around 6:15pm and a speaker at 7:00pm. Meeting prices are:

- \$25.00 Members with reservations
- \$30.00 Walk-Ins
- \$30.00 Guests
- \$15.00 CPE Only (no dinner)

Reservations must be received by 6:00pm on Thursday prior to meeting date. Please call Melanie Norton at 713-353-1942 or email her at mnorton@bvccpa.com to make your reservations. If a special diet is needed, please be sure to let Melanie know.

One Minute of Office Organizing

'What's in It for Me?' by Denise Landers

“Will Work for Food!”

You have probably seen signs like this as you drive to and from your office. Reality is that everyone is working for food unless they are independently wealthy. In the hierarchy of needs, food and shelter are among the first elements you require. A benefit of working is that you are able to secure these comforts. You can then reach higher and attain other benefits.

Knowing the advantages of working is a strong motivator for continuing on your current path. If there were no benefits to be gained from working, chances are you would not be involved with the same activities because daily workloads are often overwhelming. Besides work requirements, you are also balancing commitments to your family, to the community, and to yourselves

If you're running as hard as you can right now, how will you add in the extra work that a new situation would create: promotion, relocation, new baby, remarriage and merging of households, downsizing, natural disasters? Even positive changes can create stress.

Stress lowers your immune system and is responsible for many physical ailments, from common colds to heart conditions. With overflowing schedules, when one of the above situations occurs, you often struggle to cope. Not only do you feel the tension, but those around you are also affected by the pressure on you.

The benefits of being organized surface here. If you start from an organized position, you are capable of greater productivity within a shorter span of time. Stress levels drop, and you are better equipped to face unexpected occurrences.

There is no negative to being organized. Many people claim that they are creative and therefore organizing would restrict their creativity. Yet look at a painter's tools and see how well organized those are. Look at a fisherman's tackle box. There is no job that does not benefit from being organized.

Consider the areas in your life where becoming more organized would benefit you personally—where a change would increase your productivity and reduce stress at the same time. If you stay focused on those benefits that apply to you, you are more likely to reach your organizing goal, so ask yourself:

“What's in it for me?”

Benefits to becoming organized include:

- being in control on a daily basis
- being ready to embrace new opportunities
- being prepared to cope with emergencies.

As you strive to become better organized, keep those results in sight.

SPEAKER BIO

Pamela C. Grant is a business consultant and coach who specializes in Management Training and Development as well as Career Counseling and Personal Coaching. Her experience includes over 10 years as an international consultant as well as 22 years in management for Fortune 500 companies.

Pamela has a Masters of Science in Occupational Education from the University of Houston, with a major in Management Training and Development. She is a licensed career counselor in Texas.

Pamela has produced exceptional results for hundreds of corporate and individual clients, using proven assessments, a needs analysis and a variety of other consulting/coaching techniques. One of the unique aspects of her work is determining and addressing the factors that undermine personal and corporate success.

Pamela is an enthusiastic speaker who will enlighten and inspire your group.

Federation of Houston Professional Women (FHPW)

The Federation of Houston Professional Women is an alliance of women's professional organizations, chartered by the state of Texas as a non-profit, non-partisan business league. Each FHPW member organization, although diverse in style and structure, has professional or businesswomen members focused on education, networking, specific careers or community service.

FHPW offers quarterly events designed to bring its diverse membership together to promote a place of POWER and INFLUENCE. Quarterly events are open to both members and guests and allow Houston professional women the opportunity to network, have some fun and learn something new.

If you are a member of ASWA, then you are automatically a member of FHPW.

Web site: www.fhpw.org

ASWA Delegates:

Melanie Norton

Kathryn Pearce

ASWA Alternates:

Pam Ahlers

Eileen Neucere

ASWA
American Society of Women Accountants
c/o Collector, Dart, DiCampli & Associates, P.C.
3000 Richmond, Suite 270
Houston, Texas 77098

Return Service Requested

**Printing and Postage Compliments of
Collector, Dart, DiCampli & Associates, P.C..**

ASWA National Headquarters

800-326-2163

Web site: www.aswa.org

Email: aswa@aswa.org

Region 4—South Central Area Directors—

Rita Borne, CPA—rita@bornecpa.com

Jacqueline Vassar, CPA, CIA, CISA, CCSA—
jvassar@deloitte.com

Empowering Women In The Accounting and Financial Professions Since 1938